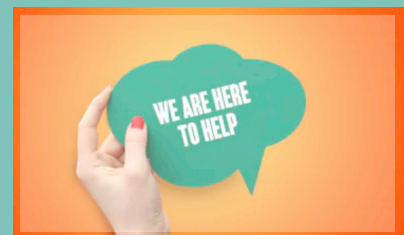


In This Issue

Updates to NAMI SD's MH Apps Contact Us	1
PFYPP / Using Your Voice Y/FSP Coaching Meeting	2
Parent Support Meetings Supporting The Family Voice	3
A Fond Farewell Y/FSP Community News	4
#OurVoicesMatter Youth/Family Support Partner Feature	5
TAY Youth Feature Family Mental Health	6
Mental Health Apps, cont TAY Feature, continued	7
Hiring Notice & Job Postings Issue Resolution	8

CONTACT US



1 (858) 634-6580

MHSA Issue Resolution:
1 (858) 987-2980

1 (800) 523-5933 Helpline

www.cyfliaison.namisaniego.org

CYFLiaison@namisd.org

www.namisaniego.org

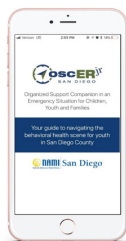
The CYFL is funded by The County of San Diego Health & Human Services Agency through the Mental Health Services Act

San Diego's Mental Health Services are Growing, and So Are Our Support Apps

The oscER San Diego app is free to install on your Android / iOS mobile device and was developed using funding from NAMI San Diego & the County of San Diego Health and Human Services Agency through the Mental Health Services Act. All apps are ad free!

There's no doubt navigating mental health and substance use services can be confusing for peers and loved ones alike. NAMI San Diego is a non-profit organization offering support, education and advocacy for everyone affected by mental illness, as well as their loved ones and supporters. In partnership with the County of San Diego, NAMI San Diego developed a mobile app called Organized Support Companion in an Emergency Situation (oscER). Since 2016, oscER and oscER Jr. have helped individuals and families navigate San Diego County services before, during, and after a mental health crisis. Our scope has now broadened to assist individuals and families with substance use disorder or co-occurring disorders navigate the Drug Medi-Cal Organized Delivery System (DMC-ODS) as well as other free resources in San Diego County's Behavioral Health System of Care.

oscER is designed to assist families & friends of those experiencing mental health crises navigate the often confusing array of emergency services,



options and resources available in San Diego. NAMI San Diego used surveys from members of the community, their family members and supporters to determine resources that would be most beneficial in navigating San Diego's mental health landscape, now updated to include resources specific to Substance Use Disorder. This app is for family and friends who play an active role in the life of a person who experiences mental illness. It is also valuable to caregivers, social workers, therapists, medical personnel, first responders, and medical staff in emergency departments.

Continued on Page 7

PFYPP Training is Freshly Updated!

The Principles of Family Youth Professional Partnerships



Our Online PFYPP training, **Principles of Family Youth Professional Partnerships** is an informative introduction to the role of Peer Partners, otherwise known as Youth/Family Support Partners, to the Children's System of Care (CSOC). This training assists peer staff and family members with lived experience gain knowledge of the Children's System of Care (CSOC) and learn tools to more effectively work together to support families and help them thrive. Offering (1) CEH credit, this Online training can be taken anytime on any device. Learn more on the Meetings page on [our website](http://ourwebsite), or copy and paste this link into your browser: <https://cyfliaison.namisanidiego.org/meetings/> Sign up directly: http://bit.ly/PFYPP2018_19



Your Voice Can Make A Difference!

Do you have a desire to make a difference within the Children's System of Care? Do you want to learn more about the way the County of San Diego decides how to support children, youth, families and Transition Age Youth who struggle with behavioral and/or mental illness? Do you have a desire to use your Lived Experience towards advocacy within San Diego County Behavioral Health Services?

Our PFYPP training is a wonderful way to learn about the CSOC, and a way to introduce family members with Lived Experience to the world of mental health family support. There are many additional ways family members can get involved and learn how to use their voice and passion to assist families and make effective change within the CSOC.

You can learn about the CSOC at our monthly **CYFBHSOC (Children, Youth & Families Behavioral Health System of Care) Council** meetings. To learn an overview of how these Council meetings work, please visit our website and watch our informative video for an overview of how the Council meetings are set up and how the Council functions. To visit our website and view the video, visit this page: <http://bit.ly/CYFBHSOCC>

Youth/Family Support Partner Coaching Meetings:

Coaching Meetings provide education and support for Youth/Family Support Partners (Y/FSP) and are held the 4th Friday of the month from 1-3pm at the NAMI San Diego main office, located at 5095 Murphy Canyon Rd, Ste 320, San Diego, 92123. A one-hour coaching presentation relevant to supporting families is followed by a group sharing session. Please RSVP.

- July 26 - 1:00 - 3:00 pm
- Aug 23 - 1:00 - 3:00 pm
- Sept 27 - 1:00 - 3:00 pm

Call / Text (858) 987-2980 for more information or email cyfliaison@namisd.org.

Please RSVP to the Youth/Family Support Partner Coaching Meeting. Click here: http://bit.ly/FSPc2019_20

The NAMI San Diego CYFL Team is comprised of:

CEO: Cathryn Nacario

COO: Sue Skube

Community Development Director: Renee Cookson

CYFL Program Manager: Valerie Hebert

CYFL Lead Trainer:

CYFL Family Specialist: Micaela Cunningham

CYFL Community Developer: Emma Eldredge

CYFL Technology Engineer: Sten Walker

CYFL Tech/Community Development Specialist:

Rogena Abdelrahman

Community Outreach Specialist: Evan Hodges

CYFL FYP Presenter: Ana Lourdes Encinias

The NAMI San Diego Children, Youth & Family Newsletter is a quarterly publication. CYFL is funded by The County of San Diego Health & Human Services Agency through the Mental Health Services Act.

Telephones: 1 (858) 987-2980 OR 1(858) 634-6580
1(800) 523-5933 (NAMISD Helpline)

Email: CYFLiaison@namisd.org

Website: www.cyfliaison.namisanidiego.org

SUPPORT MEETINGS for Families

Find Resources! Learn! Share!



WHERE YOU FIND SUPPORT

Parents Empowering Parents support group



NAMI SD PEP 2019 Meeting Dates:

Meets 3rd Wednesday of the month from 6-8 pm. Upcoming 2019 meeting dates:

- Aug 21, 2019
- Sept 18, 2019
- Oct 16, 2019

Meeting location:

NAMI San Diego,
5095 Murphy Canyon Rd,
Ste 320, San Diego, 92123

PEP: Parents Empowering Parents - SUPPORT GROUP MEETING - #OURVOICESMATTER

NAMI SD's CYF Liaison offers San Diego parents and caregivers a FREE, open, monthly coaching and support group meeting for parents and caregivers of children and youth (through age 25) living with challenging behaviors, mental and behavioral health concerns. This peer-led meeting, called Parents Empowering Parents (PEP), is based on standard group guidelines and principles of support. Coaching Tools during the first hour of the meeting (open to everyone), Parents and Caregivers support group during the 2nd half of the meeting. Join other parents and caregivers to find resources, learn, share, give feedback, and develop support systems. Drop-ins welcome. RSVP: <http://bit.ly/PEP1819> or call/text 858-987-2980.

Family Voice Town Hall

**Meaningful Support. Useful Resources.
Issues Resolved.**

Is your family currently engaged in the Children, Youth and Families System of Care (CSOC)? If so, we want to hear your voice! Please join the NAMI SD CYFL team for our quarterly Family Voice Town Hall Meeting. We want to hear from families who are not receiving services but would like to, as our mission is to connect you with the resources you need to support your family. Families who have previous engagement within the CSOC are also encouraged to join our meetings. Children & youth are welcome. Refreshments provided!

Opportunity drawings for families in attendance!

August 8, 2019 - 6:00 - 7:30 pm

Location: CENTRAL

NAMI San Diego Main Office
5095 Murphy Cyn Rd, Ste 320, SD 92123

August 22, 2019 - 6:00 - 7:30 pm

Location: NORTH Coastal
Oceanside Live Well Center

1701 Mission Ave, Ste 220, Oceanside, 92058

Sept 19, 2019 - 11:00 am - 12:30 pm

Location: SOUTH

South Region Live Well Center
401 Mile of Cars, National City, CA 91950

Sept 26, 2019 - 4:00 - 5:30 pm

Location: EAST
El Cajon Library

201 E Douglas Ave, El Cajon, CA 92020

For additional meeting dates, locations and times, or more information on Family Support Meetings, and/or to RSVP, please call/text 858-987-2980 or email CYFLiaison@namisd.org

CYF Liaison Community Corner

Y/FSP Linda Ketterer Movin' On

Sharing Her Passion, Successes and Roads Paved for Youth/Family Support Partners (Y/FSP) within San Diego's CYF System of Care

It is with both excitement and a heavy heart that we say good-bye to our CYFL Lead Trainer, Linda Ketterer



"LIVED EXPERIENCE"
BY LINDA KETTERER
CYFL LEAD TRAINER
FROM 8/2016 - 7/2019

“

*The use of “lived experience” is not something
In school you learn*

*The use of “lived experience” is something
Within your heart forever will burn
Burn with a desire to help families
Finally, on their way*

*To reaching their greatest potential
With a gentle story to sway
The path they find themselves on
Not likely knowing how
They got there in the first place.*

*Crying out, “what now”
A simple, yet powerful story that
States, “yes, me too”*

*Resources to help guide and empower
As they find what next to do.*

*Our stories of our past help mold
Who we are*

*Our stories from our past
Help each other “Reach for the Stars”*

On July 12, 2019, NAMI San Diego's CYFL team said farewell to our Lead Trainer, Linda Ketterer. A beacon of light for struggling families, Linda always modeled the importance Youth/Family Support Partners (Y/FSPs) make within the lives of the families they serve and within the Children's System of Care. Linda always speaks freely about the important role of the Y/FSP and their ability to reach families faster and more successfully with the use of the stories they tell, the lives they touch, and how they bring hope for a better future. Always having a rich story to tell herself, Linda helps remind everyone she connects with of just how much they enrich the Children Youth and Family System of Care. Linda promises us she isn't going far. She will be working as a Community Liaison for a school that serves students within the justice system. Thank you, Linda, for your years of valuable service to NAMI San Diego, The CYFBHSOC, and all the Y/FSPs whose lives you have touched so deeply!

Come join us for our regular monthly meetings: Youth/Family Support Partner (Y/FSP) Coaching Meeting on the 4th Friday of every month from 1-3 pm. One-hour of Y/FSP Coaching is followed by support for Y/FSP Staff working in the CSOC. This meeting is also for family members looking to put their personal lived experience to work in training to become a Y/FSP. Meeting location: NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, 92123. For more information or questions, please call/text 858-987-2980 or email cyfliaison@namisd.org

Our Voices Matter

By Linda Ketterer

Featuring a Youth/Family Support Partner

Sue McCoy is a beacon of light to many who participate in San Diego County's Children's System of Care. Her lightheartedness and determination in helping families thrive is contagious to those around her. Sue has been employed with Mental Health Systems (MHS) Families Forward for nearly 15 years, where she started initially as a Family Support Partner (FSP). In the last 12 years with Families Forward Wraparound Sue has attained the role of Support Partner Supervisor. She currently supports 12 FSPs with clinical supervision, live coaching, group supervision and ensuring her team knows their voice is heard and valued. This is important to Sue and her co-workers because when their voices are heard, it is a mirror of the authentic voice within the families they serve.

Although Sue spends much of her leisure time gardening or making beaded jewelry, she is dedicated to attending many San Diego County meetings and participates as a member of several sub-committees. Sue joins in these meetings to guarantee the FSP position is considered an important role within the System of Care and ensures those within the system recognize the value and reputation of what FSPs lend to services for families as well as to the overall success of their programs.

Among Sue's greatest accomplishments include being a part of hiring a team of FSPs that encompass the true meaning of "lived experience." Family Support Partners hands down, bring a wealth of knowledge to the Children's System of Care and how to maneuver through it. They have a great ability to relate to families on a level that is different from other providers, ensuring that the family's "Voice and Choice" is heard by all Wraparound team members. Sue states, "I know this because I was and still am one of those families who need to be heard. I adopted my children at various ages and we found ourselves within a system that at times was hard to navigate. But with the help of others, we are to this day a strong, intact, healthy family."

Sue also recalls some of her biggest challenges. She explains, "The Children's System of Care is [currently] very supportive of our positions. The greatest challenge I experienced was 30 years ago when I was raising my children there was no such thing as FSPs. I advocated for my children on my own with the help of my family and friends. I remember sitting



Sue McCoy

Family Support Partner of the Month

Youth/Family Support Partners are members of the community who use their personal lived experience to reach out and help other families who are facing a challenging journey.

“Once wrap-around services came into our lives, I felt empowered. But more so, my children felt heard! The plan was not client-centered, it was family-centered which made it personalized, individualized, and NO blaming or shaming.”

- Sue McCoy

around the "big" table with all the professionals that worked with my children and feeling that I had to go along with whatever they said in order for my child to be successful. Even though my children were adopted and experienced trauma before coming to me, it felt to me that I was looked at for creating the "problems" my children were experiencing and therefore, I really had no say in their client plans. It wasn't until my son returned from residential care that wrap-around services were recommended. It was then I met my forever FSP, and history was written. I knew I never wanted another family to feel helpless, or unheard within the System of Care and so I became an FSP to utilize my lived experience to voice hope, strength, and resiliency to not only my FSPs but to the Children's System of Care and all who will listen.

Sue feels her family as a whole became empowered because of the services they received. Sue loves sharing this message of hope with others. Because of Sue's personal lived experience, she agrees wholeheartedly families benefit from the sharing of "lived experience". Maya Angelou once said, "There is no greater agony than bearing an untold story inside you." When we (FSPs) share a little of our story,

families feel safe to share a little of theirs. Sue explains, "I have seen so many changes in the families we serve. I believe that having the Partner walking with the family, promoting healthy behavior, providing encouragement, non-judgmental services and sharing similar lived experiences helps the healing start. Our Partners possess such kind, caring, giving personalities that they "wrap" themselves around the families to ensure families feel they are being heard and their needs are being met. I am honored to work with such an amazing team in an incredible field of healing and hope."

Sue hopes organizations who work with Youth/Family Support Partners continue to recognize the value and benefits FSPs bring to the team. "So much success can be attributed to the role of lived experience. Families can relate, are willing to listen and make changes when they are supported by someone with similar experiences. After hearing our stories, families can look at where they once were and where they are now. It gives them hope that they too will get through this." Sue hopes the County of San Diego will see the value of FSPs and will create new ways FSPs can grow within this field. She speaks of how Riverside County has growth tiers for their FSPs. By offering tiers of growth a Family Support Partner does not become stagnant or burned out in their position. The hope is growth within the Family Support Partner field will offer a career pathway in a job they LOVE to do! Sue believes State Certification would offer standardization of what a Family Support Partner role is and ultimately advancement for Family Support Partners.

One message Sue wants to leave with families is "Keep taking those deep breaths and hang in there. There is light at the end of the road, all your hard work will pay off and your family will be well if you continue moving forward."

Thank you, Sue! Such wise words from an amazing FSP in our community. We appreciate you and all the good work you do!

Transition Age Youth: TAY Corner

Meadowlark Monaghan is our TAY Youth Feature by Micaela Cunningham



NAMI San Diego's CYF Liaison provides a platform for the authentic voice of children, youth, and families engaged in the system of care to be heard. One way we accomplish this goal is by connecting emerging young adults or "Transition Age Youth" (TAY age 16-25) to the Behavioral Health Services Children's System of Care Council (and the TAY Council) to become involved voting members, alternates, and supporters.

Take a moment to think about this time of your life, what you experienced being 16 to 25 years old. This period was probably a time of growth, change, and excitement coinciding with a heavy dose of transition, transformation, and all too often fear, depression, and anxiety. Frequently, this age group is left without supportive services and resources, falling between the cracks of two established systems: Children's System of Care and Adult System of Care. Because of this, NAMI San Diego is especially interested in supporting the TAY population. We are establishing inter-organization relationships across San Diego County, and have embarked on a new program we are excited to call TAY Troop. TAY Troop is a place for all emerging young adults (aged 16 through 25) to find community, share resources, and ultimately find ways of living well in recovery. For more information and for future meetups, please follow us on Facebook at www.facebook.com/namisandiego

We sat down with Meadowlark Monaghan, the Program Manager for NAMI SD's Outreach Program to talk with her about her mental health journey, recovery, and what's coming next.

CYF Liaison: In your own words, what does the term "Transitional Age Youth" (TAY) mean to you?

Meadowlark: Well, as someone who works in mental health, the first thing I think of when I hear "TAY" is the population of folks age 16-26. What stands out to me about TAY is this age range encompasses the "average age of onset"... meaning, it's the average age where folks start experiencing mental health challenges for the very first time. Because of this, TAY are some of my favorite people to work with! I think when you educate TAY on mental health and help destigmatize it for them early on, you can set them up either preventatively or right at the start of any challenges they are facing. This way, they may find what works for them early on in life, and be more set up for a mentally healthy experience for the rest of their lives! Plus, right now at least, TAY are the last of your millennials, and Gen Z'ers and those are my people!

CYF Liaison: The phrase TAY implies you're going through a period of change or transition. What are some of the aspects of your life that are currently changing?

Meadowlark: Are you kidding? The only constant is change! Every aspect of my life is changing. Even though it's been a few years, I still feel like I'm transitioning out of college into adulthood. I'm transitioning into a more defined and developed career path. I'm changing into someone who wants to get in bed with a book by 9:30 PM and who can't eat bread like she used to. My relationships have changed: with my friends, my partner, and myself. But, so far, they have all been welcomed changes (besides the bread part). I think during TAY years, it's a lot of self-growth and I have been pretty good at welcoming all the mistakes I've made as lessons to keep me moving forward. I'm not afraid of failing at something because I'm still young enough to turn this ship around and grow from those mistakes. I think being a TAY gives you a lot of freedom to discover yourself in a really beautiful way.

CYF Liaison: What led you down the path to advocacy?

Meadowlark: Oh, well that's easy – personal experience! I like to tell folks when your elevator version of your life story includes a myriad of mental health issues (bipolar disorder, depression, suicide loss, homelessness, drug use, trauma, etc.) I found that when I tried to talk about those experiences, even in a very casual way, I was always met with trepidation or resistance. And that always bothered me! If 1 in 4 people have experience with mental health, why shouldn't we be able to talk about our stories normally without it feeling like putting someone through a heavy drama Netflix series? Those experiences and want to create an open space to discuss mental health is what fueled the desire for advocacy work for me. And what inspired me to start my mental health blog. That's Cr'zy.

CYF Liaison: What's your greatest accomplishment as a youth?

Meadowlark: Hmm... that's a good one. I think my greatest accomplishment as a youth was living through my biggest fear and growing stronger because of it. When I was 17, my dad died. And at that time, that was the worst thing I could ever possibly imagine happening. It happened at a time where I had already lost one sibling to suicide, and another was doing extremely poorly as well. But it happened. And you know what? I was okay. I went to therapy and I made it and coping with death doesn't get any easier, but it did prove to me my strength and resiliency. And I took that lesson and RAN with it throughout the remainder of my TAY years.

CYF Liaison: What is the biggest challenge you've faced?

Meadowlark: One of the biggest challenges I faced was folks (typically older than me) expecting me to have all the answers. I think TAY feel a lot of pressure to have things "figured out" and I was pretty steadfast (stubborn?) about not having it figured out and made it abundantly clear that I shouldn't have to. Sometimes, you need to branch out and try things, even if only to find out that the answer is a hard "no." I think pushing yourself into internships, volunteering, jobs, experiences, trips, etc. can seem challenging or scary to manage and navigate, but at the end of the day, it's those experiences where you learn what isn't for you, and what is.

CYF Liaison: What would 16-year-old Meadow think of almost 26-year-old Meadow?

Meadowlark: Oh man!! I think 16-year-old Meadow would be so stoked on almost 26-year-old Meadow! I spent those last ten years sticking to my truth and transferring schools when it felt right, diving into experiences and challenges head first, making mistakes and learning from them, finding a job at her (18-year-old self's) dream organization! I also made sure I was entirely happy and fulfilled by and with myself, before finding my partner. So that now with them, I'm still working to be my best self, but not relying on them for my happiness and that perspective also led me straight into the healthiest relationship of my life.

CYF Liaison: What does recovery mean to you?

Meadowlark: To me, recovery means doing the work and keeping it up. It's developing coping strategies that work for you, and knowing one day, you'll try one, and it won't work anymore. It's being okay with the fact that things change and you will too, but knowing you will work through it just like you did before. For me right now, recovery means being honest with myself, regular therapy sessions, taking breaks from going to events, exercising frequently, and bingeing feel-good shows.

Continued on page 7...



Community Health Improvement Partner (CHIP)'s Suicide Prevention Council (SPC) discusses the use of the oscER app during community presentations. With Lora Cayanan (L) and Vanessa Keis (R)

oscER offers help before, during and after a crisis, and is available in both English and Spanish. It is easy to navigate and includes information for San Diego County such as:

- Maps and phone numbers for walk-in centers, emergency rooms and psychiatric hospitals
- Important updates to Drug Medi-Cal programs, how to respond to an opioid overdose, and other life-saving resources for substance use disorder
- Crisis line information
- Education for yourself and family members about mental illness
- Relaxing and soothing soundscapes

NAMI San Diego's Community Development Director, Renee Cookson, oversaw the development process of oscER from concept to launch. "Our team of contributors consisted of everyone involved in mental health situations—including individuals with mental illness, family, friends, medical professionals and first responders. It was made by people who have an intimate knowledge of the questions that arise before, during and after a crisis, and the answers to those questions," she said.

To add substance use disorder information, NAMI San Diego held focus groups in the community with individuals in all stages of recovery from substance use disorder, as well as the family members and loved ones who support them in their recovery. This app was made *by our community, for our community*.

Technology is shaping the future of how we access information, but often the topic of mental health is neglected, due to stigma or lack of information. With oscER, NAMI San Diego is closing that gap, championing meaningful access to health and wellness through the latest technologies.

Cookson added, "oscER puts mental health resource information at the user's fingertips. The fact is, 12.5% of the people that go to the emergency department go due to a substance abuse or mental health issue. oscER can be used to help someone determine whether they or their loved one needs to access emergency services, or whether other options are available."

There are approximately 750,000 people who experience mental illness in San Diego County – that's enough to fill Qualcomm Stadium 10 times over. There are scores more who love or care for a person with mental illness or substance use disorder in the County too. Now, everyone with access to a smart phone, tablet or computer can receive help from oscER.

We know you want this life-saving information available at your fingertips! NAMI San Diego is currently scheduling trainings for families, educators, community partners, law enforcement and more. If you are interested in learning more and having us come out for a training, send us an email at app@namisd.org!

For more information, check out the oscER app in your mobile device's app store or go to www.namisaniego.org/oscer. To learn more and to schedule a presentation/training, please contact Rogena Abdelrahman at 858-634-6580 x 106 or Evan Hodges at 858-634-6580 x 149 or email app@namisd.org



NAMI SD's Apps Team Leaders are Evan Hodges (L) and Rogena Abdelrahman (R)

Transition Age Youth: TAY Corner

Continued from page 6

CYF Liaison: What are your goals for the future?

Meadowlark: My next few goals are to continue to learn outside of the classroom. I want to keep finding new experiences that challenge and push me to become more well-rounded. I want to develop That's Cr'zy (my mental health blog, thatscrzy.com) into something with a little more structure. I want to keep training in MMA (my partner has been training me, and it's been amazing not only as a workout routine but for self-care!) And, I want to develop a healthier relationship with money.

CYF Liaison: Finally, what are your hopes for the future?

Meadowlark: My hopes for the future are that I continue to grab at the opportunities that pass me by but learn the balance of when to say no. I hope to be a driving force of mental wellness and support for those around me and to bring that perspective onto social media for all my millennials and Gen Z'ers so that they know we are all in this together. I hope to develop myself as the Anthony Bourdain of mental wellness.

Thank you for your candid sharing, Meadowlark. We are excited to read about your life journey up until now, and know you'll go far!

Summer Fun for the Whole Family!

SUMMER
MOVIES
IN THE
PARK

PRESENTED BY
ROSE SD REALTY
REAL ESTATE • REALTOR • REALTOR



Summer Movies in the Park is a perfect chance to relax and enjoy a safe and special night under the stars. Come early and get a good seat! The Summer Movies in the Park event series began in 2007 as a 'take back our parks' initiative, giving local residents a reason to visit their local county and city parks for a free and safe evening event. This well-attended community activity deterred inappropriate after-hours park use and loitering and gave residents an opportunity to feel safe in their local park, thus encouraging future visits. Multiple locations throughout San Diego. Learn More by clicking here: <http://www.summermoviesinthepark.com/>

We Are Here To Help!

The NAMI San Diego Children, Youth & Family Liaison (CYFL) serves as the Mental Health Services Act (MHSA) Resolution Point-of-Contact for issues within the Children, Youth & Families Behavioral Health System of Care (CYFBHSOC) as related to the MHSA plan. Issues surrounding the MHSA plan are investigated and feedback is given to Behavioral Health Services in order to assist in improving the current system of care. We also serve the community by facilitating dialogue between families, Youth/Family Support Partners, and providers. Families can attend our Family Voice Meetings to talk about what is working well for them and where they need additional support within the Children's System of Care. If families feel they are not receiving proper care from their providers, have an issue, or if they are struggling to find the services they need, the CYF Liaison provides a safe, trauma-informed, judgment-free space for families to engage, and will help to find solutions to these concerns.

MHSA ISSUE RESOLUTION ASSISTANCE: Call (858) 987-2980
or Email CYFLiaison@namisd.org



NAMI SD Children, Youth & Family Liaison
Vol. IV, Issue 3, Jul / Aug / Sept 2019
5095 Murphy Canyon Road, Suite 320
San Diego, CA 92123



Job Postings

- **NAMI CYFL Lead Trainer - Y/FSP Specialist (FT)** To apply visit www.namisandiego.org/category/jobs
- **NAMI San Diego:** Several Job Postings including **Operations Manager, Human Resources/Payroll, Next Steps Program** has several openings, **Clubhouse Custodian**. To apply visit www.namisandiego.org/category/jobs and **apply by sending a cover letter and resume to the email address listed on the job posting**
- **Parent Partner Positions at New Alternatives** - To apply email Christine Boyd at christine.boyd@newalternatives.org
- **Youth / Parent Partner Positions at San Diego Center for Children**, To apply visit http://bit.ly/SDCC_Jobs2019
- **American Foundation for Suicide Prevention Area Director** <https://thebattengroup.com/job-seekers/#!/bd53a2a7-76e5-42dc-98c6-f5990c61f8da/detail>

Would you like us to advertise your Youth/Family Support Partner related job? We are happy to add your job listing to our next quarterly newsletter. Please direct your submissions to CYFLiaison@namisd.org. All submissions will be reviewed for appropriate content.

CYFL is funded by The County of San Diego Health & Human Services Agency through the Mental Health Services Act